

KOCH Bench

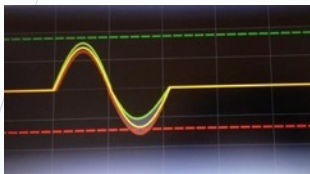
- ◆ The outcome of 24 years of research and experience
- ◆ An adjusted multi-function bench, replacing numerous muscle-development equipment
- ◆ An updated piece of mechanisms: 6 lifting strings on a single weight stack; flexibility, silence, comfort, efficiency: quick and easy !
- ◆ An adapted and adjustable seat, an obese positioning up to 200 kg
- ◆ A soft and progressive task : load of 500 g to 20 kg per bearing of 600 g
- ◆ New “quad arm” making work easier
- ◆ patient and physiotherapist
- ◆ Increased motivation: modern design



- ⇒ **One bench, multiple applications**
- ⇒ **A permanent control of the movement in its concentric and eccentric phases**
- ⇒ **A facilitated surveillance with a traceability of previous exercises**
- ⇒ **A strong motivation of the patient with quick and visible results**
- ⇒ **The basic equipment of a rehabilitation center**

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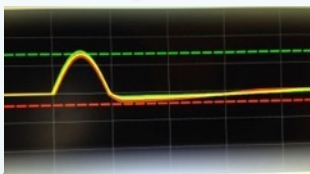
Option : MOVEO



Primary movement: eccentric effort too fast:
DANGER



Self-training by real-time visualization of the movement performed



PERFECT movement: controlled and slow eccentric effort:
MINIMIZES THE RISK OF MUSCLE DAMAGE

- An accelerometer integrated into the KOCH bench
- Innovative and efficient motion analysis software, boosting the efficiency of the program by real-time biofeedback and control of the evolution of user results
- Manufacture and design: **TECHNO-CONCEPT**, French company, leader in the analysis of movement and posture

Numerous applications:

- ◆ Cardiac and Respiratory rehabilitation
- ◆ Reconditioning of the obese and diabetic patient
- ◆ Sleep apnea
- ◆ Senior ...



by

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